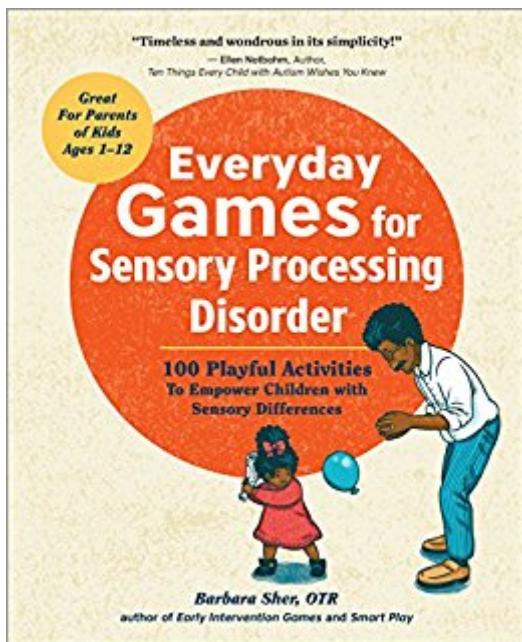


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# Everyday Games For Sensory Processing Disorder: 100 Playful Activities To Empower Children With Sensory Differences



## Synopsis

Award-winning author and occupational therapist Barbara Sher has over 45 years experience helping children with sensory processing disorder, autism and Asperger's learn and thrive. In this new solutions-based guide, she's collected 100 sensory-rich games that make working with your child a joy. "Whimsy and wisdom pour forth from this wonderful book. The fun and functional sensory-motor ideas are easily adaptable to suit all environments, all abilities, all kids and all their grown-ups." •Carol Stock Kranowitz, Author of *The Out-of-Sync Child* and *The Out-of-Sync Child Has Fun* If you're looking for new strategies to manage your child's sensory processing disorder, this book is a perfect companion to classics such as *The Out-of-Sync Child* and *Raising a Sensory Smart Child*. *Everyday Games for Sensory Processing Disorder* advocates play as the most effective approach for children with sensory processing disorder, and illustrates the many ways that play can lead to significant breakthroughs, including: 100 fun and simple games for parents to play with their kids. An easy-to-grasp overview of sensory processing disorder. Inventive ideas for engaging kids, using materials easily found around the house. Inclusive games geared toward varying degrees of development, with modifications for older children.

## Book Information

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## Customer Reviews

After the initial lesson on SPD and what a caregiver can be on the lookout for, Barbara Sher, fondly referred to as The Games Lady, provides her readers with ten chapters of games and activities for children aged 2-12. The games cover all of the senses with a chapter on touch, sight, balance, taste, smell, movement, sound, gross motor skills, fine motor skills, and social skills. Each chapter describes in detail what areas you are helping your child work on, the possible issues you might be seeing in your child if they have problems in a certain area and the goals of the games you are using. Reading through this book and after reviewing the activities, Barbara has made this so simple. I am not a crafty or creative mom but with this book, she has taken out all of the guess work. It's easy to understand and the items you need for the games and activities you will have on hand at home. In the appendices of the book, Barbara goes into what type of toys would be useful to help your child with SPD to work on motor skills and the different senses. She also has shared her list of physical activities that you can perform to help your child build their strength that can be done at home, outside or at school. And if all of her knowledge, games and activities, and suggestions weren't enough she throws in several success stories to help you to see that hard work always pays off. Final Thoughts I love everything about this book. My child does not have SPD but as a parent reviewing this book it was great to see some areas that I could assist my son with his quirks • with touching messy things or when he freaks out over a loud noise.

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